

Did You Know? An Anglican Glossary

Good Friday



The Crucifixion
from a Ms. of the
Anglo-Saxon
Chronicle.

Good Friday is the second of the Triduum Sacrum, or three Holy Days. It is a special day of mourning, fasting and repentance.

For those who use the Prayer Book rather than the Missal, the general outline of the Mass is followed and the Gospel is that of John 19:1-37. The Holy Communion is replaced with the *Ante-Communion*, hosts that have been consecrated for this purpose on Holy Thursday. Communion under both kinds deemed impractical.

Episcopal churches allow prayers before the cross as a replacement for the older Veneration of the Cross. The singing of “The Reproaches” or *Tenebrae*, an Anglican Tradition inherited from Rome, is no longer observed. The “Three Hours” is by comparison a novelty and not a service at all.